

# 5 WAYS TO PRAY

We all want prayer to work... we just don't want to work at prayer.

What if this year you learned how to make your time with God more than a duty and more of a conversation with a friend?

Here are 5 ways help you pray in the new year.

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## 01. PICK A TIME AND PLACE.

Much like real estate, location is everything! Pick a time and place when you will always pray. Even if you just pray for 5 minutes, if you know that you have an appointment with God every am at 7:00 in the old weathered chair by the window, every time you walk by it... you'll be reminded. We all miss one day. Just don't miss two. We all miss the time... just try to get it within a 2 hour window of that time. In this case, it's not about quality... it's about quantity.

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## 02. HAVE A PLAN.

You're welcome to just start talking, but having a plan will help you feel you've accomplished something. Here's a couple of good ones.

PRAY:	ACTS:
Praise.	Adoration
Repent	Confession
Ask	Thanksgiving
Yield	Supplication

You can also personalize the Lord's Prayer in Matthew 6 or the Shepherd's Psalm in Psalm 23.

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## 03. KEEP A LIST.

Whether its in your notes app or on a piece of paper, write down your prayer requests and randomly see how God has answered them. As this list grows, so will your faith. Taking 3 minutes to review what God has done will remind you he is able and faithful to do it again in the future.

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## 04. MIX IT UP.

Once in a while, take a drive. Go for a walk. Pray in the shower. Write your entire prayer. Use a prayer app like PAUSE or PRAY FIRST or CEASELESS.

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## 05. PICK A TIME AND PLACE.

Starting January 1st, We'll send you one prayer to pray every day. We'll do the praying for you for the month of January on every work day in this daily podcast called Pray on your Way. Use it on your way to work, to school, the store or even on your way home. This will help you build some momentum!

Praying for this year to be YOUR YEAR of prayer!

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